

WOLF CREEK CANYON RELAY

Sunday, 2 October 2011, 9AM
WOLF CREEK, MONTANA

This is a scenic 28.02 mile relay for up to 4 person teams. The relay begins on the frontage road, off I-15 between Helena and Great Falls in Wolf Creek Canyon, approximately 6 miles south of the town of Wolf Creek, Montana . It finishes at the Missouri Inn in Hardy. The back dining room of the restaurant will be reserved for relay runners and their families. Food and drink will be available for purchase.

COURSE LEG DESCRIPTIONS:

(Distances are approximate)

LEG 1 - Easy, slight uphill at the start and uphill at the finish, 6.77 miles.

LEG 2 - Tough leg, hilly, starts at the state highway shop 1/2 mile north of Wolf Creek, 6.18 miles.

LEG 3 - Moderately hilly, hill at start and finish, 6.87 miles.

LEG 4 - Relatively level, ends at Missouri Inn. , 8.20 miles.

Entry fee is \$22.00 per runner, \$88.00 per team if postmarked by Sept 15th . After Sept 15th, entry fee is \$27 per runner, \$108 per team. No race day registration. The relay is limited to the first 50 teams. Each runner will receive a unique short sleeve t-shirt. Long sleeved T-shirts & Sweatshirts instead of shortsleeved T-shirts are also available for an additional charge of \$6 & \$12 accordingly.

Make checks payable to:

Carl W. Clark

Mail to: 604 34 Ave NE

Great Falls, MT 59404

For information and/or questions call: Carl Clark 761-8322, email at ccarlrm@juno.com or visit our website at wolfcreekcanyonrelay.net. If you want to run but can't put together a team, or if you need a runner for your team, call as early as possible and I will try to put you in contact with other runners.

AGE GROUP CATEGORIES:

Junior - Total combined age of all team members must be under 120 years.

Open - Total combined age of all team members to be at least 120 years, but less than 160 years.

Masters - Total combined age of all team members to be at least 160 years, but less than 200 years.

Seniors - Total combined age of all team members to be at least 200 years, but less than 240 years.

Super Seniors - Total combined age of all team members to be at least 240 years.

DIVISIONS:

Solo - One runner, Male or Female, any age

Duo - Two runners, male or female, any age

Male - One or more runners must be male.

Female - All runners must be female.

Mixed - Must have 2 male and 2 female runners.

Military challenge - 4 runners, any age, any sex. Must be active duty, retired, guard or reserve.

Awards - Awards will be presented to each member of the first and second place team in each category/division. There will be drawing for door prizes during the awards. **You must be present to win.**

Race results will be available at wolfcreekcanyonrelay.net in approximately one week.

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The relay is limited to the first 50 teams.

RACE RULES ARE AS FOLLOWS:

1. **To be eligible for awards, each team must be made up of 4 different runners** except Duos and Solos.
2. Each team is responsible for its own transportation, first aid and water aid stations during the race. Due to traffic problems, I highly recommend that each team have only one vehicle on the course.
3. Team cars assisting runners must have and use 4-way flashers and should pull completely off the highway when stopping.
4. Runners are advised to run facing traffic at all times. Do not cut corners. The Montana Highway Dept recommends that all runners wear brightly-highly visible clothing. Neon colors as well as orange, yellow and red are suggested. Team numbers must be attached to the front of the runner.
5. Team substitutes will be accepted until race time. Please let race officials know of any changes, especially if it changes your category. The race results can only be as accurate as the information you provide.
6. Race packets & early registration shirts can be picked up at the starting line on the morning of the race.
7. Late entry Shirts will be printed and delivered to the team captains approximately 10 days after the relay.
8. **Entry fees are non-refundable, as the relay goes on regardless of the weather.**
9. All teams must have a team name so they can be readily identified.
10. I am asking for volunteers to help with the relay. If you have anyone that would like to help, please let me know. It is very difficult to conduct the relay without help. Each volunteer receives a free relay t-shirt.
11. For safety, all team vehicles must have a large readable sign attached to the rear of the vehicle to read:

**CAUTION – RUNNERS ON ROAD
RACE IN PROGRESS**

Traffic on the road will not be stopped so use extreme caution.

SAFETY FIRST, PLEASE !!!!!

WAIVER: The below signed in consideration of the acceptance of this entry, I hereby release the sponsors and organizers from any claims for any injuries suffered as a result of my participation in this event, and waive any claim I might have against the sponsors and organizers for damages arising out of, or in any way related to my participation in this event now and in the future.

“All entry forms must be filled in completely or they will not be accepted and will be returned”.

Predicted finish time _____ Total team age _____

(Indicate Team Captain *) If your predicted finish time is over 4.5 hours, you may start at 8AM.

TEAM

NAME _____ CATEGORY/DIVISION _____

LEG 1 RUNNER _____ AGE _____ EMAIL _____
ADDRESS _____ PHONE _____

(CIRCLE SHIRT TYPE)

(CIRCLE SHIRT SIZE)

T-SHIRT (SS) T-SHIRT (LS) SWEAT S M L XL XXL SIGNATURE _____

LEG 2 RUNNER _____ AGE _____ EMAIL _____
ADDRESS _____ PHONE _____

(CIRCLE SHIRT TYPE)

(CIRCLE SHIRT SIZE)

T-SHIRT (SS) T-SHIRT (LS) SWEAT S M L XL XXL SIGNATURE _____

LEG 3 RUNNER _____ AGE _____ EMAIL _____
ADDRESS _____ PHONE _____

(CIRCLE SHIRT TYPE)

(CIRCLE SHIRT SIZE)

T-SHIRT (SS) T-SHIRT (LS) SWEAT S M L XL XXL SIGNATURE _____

LEG 4 RUNNER _____ AGE _____ EMAIL _____
ADDRESS _____ PHONE _____

(CIRCLE SHIRT TYPE)

(CIRCLE SHIRT SIZE)

T-SHIRT (SS) T-SHIRT (LS) SWEAT S M L XL XXL SIGNATURE _____

(leave all blocks below blank)

Team #

Amt. Paid
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